COURSE: 7065	Parenting and Child Development			UNIT: B	Child Development and Guidance
ESSENTIAL	5.00	B2	16%		d development and care of the
STANDARD:				toddler. Understand emotional and social	
OBJECTIVE:	5.02	B2	4%		ent of toddlers.

#### **ESSENTIAL QUESTIONS:**

- How does a toddler develop emotionally?
- How does a toddler develop socially?

### **UNPACKED CONTENT**

Toddlers are children ages one **to** three, not one **through** three. At three, children are preschoolers.

# **Emotional development of toddlers**

- Realization of being a separate person
- Egotism
  - Self-centered---seeing the world as revolving around them
  - Egotistic---often expressed by frequent use of the word *mine*
  - Self-esteem and self-image

## Negativity

- The way a toddler expresses his/her independence and general opposition to the world
- Usually expressed by doing the opposite of what others want
- Causes of negativism---desire for independence, frustration, realization of being a separate person

# • Anger and frustration

- Release leads to temper tantrums
- Often released by screaming, kicking, pounding and sometimes holding their breath
- May continue through the age of four

#### • Fear

- One-year-olds suffer from separation anxiety---the fear that loved ones will not return
- Three-year-olds with an expanding imagination may fear the dark
- Adults should not dismiss the fears of the toddler but should handle in a supportive way

## Jealousy

- May begin when the child is eighteen months
- Peaks at the age of three
- Cause: The toddler cannot understand that there is enough attention or love for everyone.

#### • Love/affection

- Relationships formed by toddler's interactions forms base of ability to love/show affection
- Parent or other caregiver is the first person the child learns to love
- Later expanded to include siblings and others outside of the home

## • Empathy

- The ability to put oneself in another person's shoes
- By age two, the toddler has developed the ability to empathize

OBJECTIVE:	5.02	B2	4%	Understand emotional and social development of the toddlers.
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### **UNPACKED CONTENT**

# Social development of toddlers

Milestones of Social Development								
One-year-old	Two-year-old	Three-year-old						
<ul><li>Plays alone but often near others</li><li>Dislikes sharing toys</li></ul>	<ul><li>Engages in parallel play</li><li>Plays simple games with others</li></ul>	<ul> <li>Takes part in brief group activities (cooperative play)</li> </ul>						
<ul><li>Desires approval</li><li>Fears some strangers</li></ul>	<ul><li>Bosses other children</li><li>Says "please" if</li></ul>	<ul><li>Takes turns</li><li>Likes to help</li></ul>						
Tours some strangers	prompted	<ul><li>Shows affection</li></ul>						

- Socialization goals
  - Respect self, others and things
  - Use good manners
  - Take turns and sharing
  - Show patient and learn to wait
  - Use words rather than violence to resolve conflict
  - Cooperate with others
- Imaginary friends
  - Gives the child a person to talk with about negative feelings
  - Mirrors everything the child does --- examine own thoughts and feelings
  - Some parents feel their children use this friend because they cannot make friends
  - A parent should worry only if friend does not disappear by adolescence
- Role of play
  - Types of play
    - Solitary play—babies play using their senses without engaging others
    - Parallel play—children play in close proximity without interacting
    - Cooperative play—children learn to play together, give-and-take, share, take turns
    - Imitative-imaginative play—children pretend to be objects/persons other than themselves
  - Types of development supported by play
    - Physical
    - Language
    - Approaches to learning
    - Cognitive
    - Emotional
    - Social
    - Moral